

## BIBLE

One of the simplest ways to begin engaging with the bible in a personal way is through the "SOAP" method.

### SCRIPTURE

Read through a portion of scripture thoughtfully and carefully. Pick a verse or two that stood out to you, you have questions about, or resonated with you, and write the verses down in your journal. (If you need help deciding where to start, check out our provided bible reading plan.)

### OBSERVATION

Write down some initial observations about the verses or passage that you read. Is there anything interesting about this specific verse you notice right off the bat? If you're stuck, ask yourself the following questions:

- Who is speaking?
- Who is the audience?
- Is the language unique or different from what I have seen before?
- Is there an analogy or metaphor I should understand?

### APPLICATION

Reflect on how this passage applies to your life - this is when God's word becomes personal. Write down a few notes in your journal about what you are going to do after reading this verse, or answer the following questions:

- What is God saying to me today?
- How can I apply what I just read to my own life?
- What changes do I need to make in my life? Is there something I need to start doing, or stop doing?
- Is there an action I need to take?

### PRAYER

Finish by writing out a prayer to God in response to what you just read and learned. This is your opportunity to talk with God about what you just received from His word, ask Him questions, listen for His leading, express your gratitude, explain your thoughts and feelings to him.