



Take some time to love your neighborhood today by going on a prayer walk*!

Doing a prayer walk is simple and should be low profile. As an individual, you can walk and pray silently to yourself, or go with a group (if you have kids, check out our Family Prayer Walk!) Whether you're new to prayer or a seasoned veteran, remember that prayer is a conversation with the Lord and can include different elements:

- Admire – praise God for who He is**
- Confess – admit your sins and ask for forgiveness**
- Thanks – thank God for what he has done, is doing, and will do**
- Supply – bring requests to God for others and for yourself**

Maybe you know the specific prayer needs of a neighbor, but more likely you won't know the specifics. Simply be open to the lead of the Holy Spirit and pray.

Below are some examples of how you can pray as you walk, even if you don't know the people you're praying for. As you walk, take notice of the things around you -- things you see or hear:

- When you walk by homes, pray that the members of each household may know Christ and may come to know trust and rely on his guidance for their lives.**
- If you see or hear an ambulance, pray for health and safety.**
- If you see a bench in the front yard, pray for those who will sit upon it.**
- If you see bicycles, pray for the safety of their riders.**
- If you see a family, pray for the raising of children and grandchildren.**
- If you see a flag, pray for national leaders, local leaders,**
- If you see a lamp, pray for opportunities to be light to your neighborhood.**
- As you pass mailboxes, pray for anyone who delivers mail and packages.**
- If you see a school, pray for teachers, staff, and students learning in person or online.**

And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. (Ephesians 6:18)

Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be the glory in the church and in Christ Jesus throughout all generations, forever and ever! Amen. (Ephesians 3:20-21)

****If walking is difficult, then make it a prayer car ride!***